# KMH CARDIOLOGY CENTRES INC.

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### **LOCATIONS**

**Burlington** 

3155 Harvester Road Suite 106 Burlington, Ontario L7N 3V2

#### Hamilton

35 Upper Centennial Parkway Suite 3G Stoney Creek, Ontario L8J 3W2

#### Kitchener

751-B Victoria St. S. Suite 108 Kitchener, Ontario N2M 5N4

#### Markham

50 Minthorn Blvd. Suite 101 Markham, Ontario L3T 7X8

# Mississauga

2075 Hadwen Road Mississauga, Ontario L5K 2L3

#### **North York**

1310 Don Mills Road Suite 5 North York, Ontario M3B 2W6

## Scarborough

55 Town Centre Crt. Suite 109 Scarborough, Ontario MIP 4X4

#### St. Catharines

180 Vine Street South Suite 106 St. Catharines, Ontario L2R 7P3

#### **Toronto**

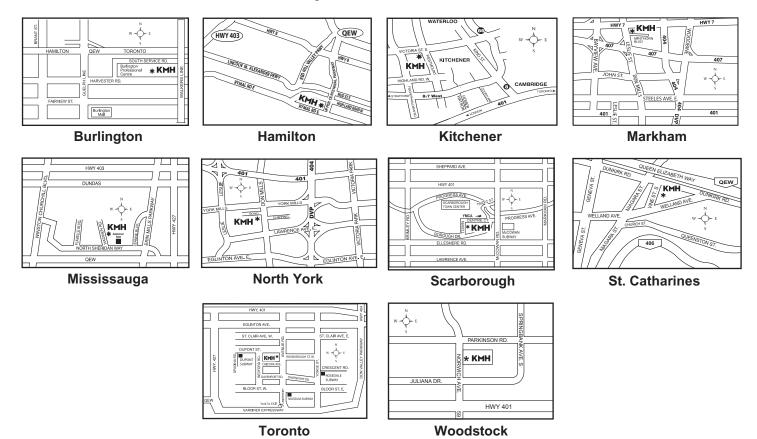
236 Avenue Road Toronto, Ontario M5R 2J4

#### Woodstock

437 Norwich Ave. Woodstock, Ontario N4S 3W4

Patient Name:	Weight:		_ Height:	_ URGENT	
Patient Address:					(Check if applicable)
Patient Phone #:					Reason:
Patient Email:					
Appointment Date:				_ Time:	4 Places complete forms
Third Party Payor:	(if applicable)			Claim #:	1. Please complete form and fax to KMH and
Health Card #					give to patient to bring to appointment.
	otice is Require	d For			See back for patient instructions.
□ CONSULT □ C Required for consults: p					ated for complete evaluation ry with this requisition.
	NUCLEA	R CA	RD	OLOGY	
MYOCARDIAL PERFUSION				VENTRICULAR FUNCTION (MUGA)	
☐ EXERCISE ☐ PERSANTINE (Unable to DOBUTAMINE)			e)	□ REST	
			0)	VIABILITY STUDY (THALLIUM) ☐ REST	
Physician's Note: Please in and erec		_			ockers, Calcium blockers lis 96 hours prior to test.
	CAF	RDIO	LOG	Υ	
☐ GRADED EXERCISE TEST ☐ RESTING ECG			HOLTER MONITOR		
□ ECHOCARDIOGRAPHY* □ BUBBLE ECH			CONTRAST CARDIOSTAT (Wireless ECG Monitor)  RASOUND 14 DAYS		
STRESS ECHOCARDIOGRAPHY					ECG Monitor)
DOBUTAMINE  *Definity® administration if indicated.  CAROTID UL  (Mississau					,
	NUCLE	AR I	ИED	ICINE	
CNS	G.I.			RENAL SCAN ENDOCRINE	
1	EREBRAL PERFUSION   LIVER/SPLEEN SCAN		□ RE	ENAL SCAN	(Toronto Only)
SCAN (SPECT)			□ RENAL SCAN WITH LASIX □ RENAL CORTICAL SCAN □ RENAL SCAN WITH CAPTOPRIL		☐ THYROID☐ ☐ UPTAKE ONLY☐ SCAN ONLY
					☐ SCAN & UPTAKE
3FEOIFIC SITES.					☐ PARATHYROID SCAN
					MISCELLANEOUS  OTHER:
<u> </u>					
HISTORY/REASON FOR TEST		REFERRING PHYSICIAN INFORMATION			
		Surname: First Name:			
			Referring Physician Signature:		
		Referr	ing Phy	sician Stamp:	
		Billing	ı#:CC Phy		ysician:
			Fax:		
			Email: (optional)		

# Maps Not to Scale



#### **CARDIOSTAT (CONTINUOUS ECG MONITOR)**

- 1. CardioSTAT is a single-use, long term continuous ECG monitor that is 9mm thick and about the size of a large bandage (142mm by 40mm) with no wires.
- 2. CardioSTAT is showerproof. Patients can maintain their daily hygiene routine without interrupting the recording.
- 3. No return appointment necessary. Once the recording period is completed, the patient simply returns the monitor using a pre-stamped envelope.

#### **NUCLEAR CARDIOLOGY PATIENT INSTRUCTIONS**

- 1. A light breakfast/lunch and then nothing to eat or drink (except sips of water for medications) for 3 hours prior to the study. No caffeine for 12 hours prior to the study (no tea, coffee, decaffeinated products, herbal teas, chocolate products, soda pop or medications containing caffeine [Tylenol 1/2/3, Lenoltec 1/2/3]).
- 2. Bring comfortable shoes. t-shirt and pants or shorts for exercise tests.
- 3. Bring all current prescription medications, and check with your physician regarding the discontinuation of any heart or erectile dysfunction medications.
- 4. The SPECT Cardiolite protocol consists of 2 parts. The first portion lasts approximately 2-3 hours and consists of imaging followed by a stress test. The patient will then wait 45-60 minutes before additional imaging, which takes about 30 minutes.
- 5. Please bring a snack to eat once the test is completed.

#### HYPERTENSION CANADA'S GUIDELINES FOR AMBULATORY BLOOD PRESSURE MONITOR, INDICATED FOR:

- 1. Diagnosis of hypertension.
- 2. Elevated BP in office despite: antihypertensive medications, or hypotensive symptoms, or fluctuating office readings, or assessment of nocturnal dip in blood pressure.

#### **NUCLEAR MEDICINE PATIENT INSTRUCTIONS**

1. Biliary Scan & Esophageal Transit Study: Nothing to eat or drink for at least 4 hours prior to study. The biliary study will take approximately 2 hours and 30 minutes.

The esophageal transit study will take approximately 30 minutes.

2. Bone scan: The bone scan protocol consists of 2 parts. The first portion lasts approximately 30 minutes. The patient can then leave the clinic,

but must retum 2-4 hours later for imaging, which lasts 1-1.5 hours. Patient must drink plenty of fluids during the break for optimal

imaging results.

3. Thyroid Scan: Check with your physician regarding medication and supplements. Bring a list of current medications to your appointment.

The study will take approximately 1 hour.

4. Thyroid Uptake: Nothing to eat or drink for at least 4 hours prior to study. Thyroid medication or food containing iodine will affect the results.

Check with your physician regarding thyroid medication and supplements. Avoid xray using iodine-based contrast for 3 weeks prior to the study. Bring a current list of medications. The study takes 2 days (each day takes 15 minutes): on Day 1, a capsule is

taken orally; on Day 2, the measurement is taken.

5. Captopril Renal Scans: Consists of 2 days. Nothing to eat 4 hours prior to study on both days. Drink 4 glasses of water 1 hour prior to study on both

days. Check with your physician regarding possible discontinuation of medication. Day 1 lasts approximately 1 hour and 15 minutes.

Da y 2 lasts approximately 45 minutes.

6. Gastric Emptying Study (Solid): Nothing to eat or drink for at least 6 hours prior to the study, preferably after midnight before an AM appointment.

The gastric emptying study (solid) will take approximately 4 hours and 30 minutes.